

“Shout Out”

GUARDIAN CHRISTIAN ACADEMY

JUNE 1, 2018

www.GCAKids.com

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For more complete information and to view previous newsletters go to www.GCAKids.com.

Due Now	All Library Books
June 4-8	Elementary Book Swap
June 7-11	Exams for 6 th -11 th ; 12:15 dismissal for those taking exams
June 8	High School Graduation, 7 pm Sycamore Presbyterian Church
June 11	K-5 Crazy Hat Day
June 12	K-5 Mismatch Day
June 12-14	9 th Grade Pennsylvania Trip
June 12-18	10 th -12 th Grade NYC Mission Trip
June 13	K-5 “Survivor”: Field Day
	8 th Grade to Busch Gardens
June 14	K-5 Hawaiian Day, 11:00-12:00; 12:15 Dismissal
June 15	Last Day of School; 12:15 Dismissal
	Dress Code Applies

Robberies Turned Around

NEW A teacher and a student were both robbed during our Elementary Chapel this week! Actually, Pastor Mike dressed up as a robber, snuck in and took personal items from a teacher and student to illustrate how bad people feel when they’ve been robbed! This began our message on God’s 8th Commandment which says, Do Not Steal.

Pastor Mike shared several personal stories from his childhood about stealing. When he was a child, he had a Dallas Cowboys starter jacket stolen from him in school following their Super Bowl win. He explained how hurt and angry he felt after the coat his Aunt and Uncle sent him was stolen. Another time, his mother had her purse (with a Bible in it) stolen from her parked car. Amazingly, the thief felt so convicted after seeing her Bible that he called and asked to come return it all to her! Mrs. Hancock was devastated after her purse was stolen, but quickly overjoyed and relieved once the thief returned her purse!

In the Bible, we learn that a tax collector named Zacchaeus, had stolen from the people by taking too much tax from them. After he met Jesus, Zacchaeus decided to sell half of his possessions and chose to repay the people he stole from 4 times over! In John 10:10, Jesus says “the thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” God created us to have a desire for Him - not more “stuff”. The enemy can use our desire for “more” by tempting us to steal. God wants us to live pure lives by obeying His laws. If we are tempted to take something that isn’t ours or we don’t have enough money for, let’s follow Jesus’ example. When Satan tempted Jesus to sin, he prayed to God and quoting Scripture verses. There is amazing power in praying to God and in reading and memorizing His Word, the Bible!

Physical Education ... and Remaining Active in the Summer

NEW K-5th grade students are working on soccer skills and taking the presidential fitness testing. Students are learning and discussing different activities they can do at home to improve their cardiovascular fitness, muscular strength/ endurance fitness and flexibility. We are also learning about healthy hydration choices and the amount of water needed for the body to function. Our bodies need half our body weight in ounces of water, for example; if you weigh 60 lbs. you should be drinking a minimum of 30 oz. of water a day.

Middle School students just finished up their baseball/softball unit, bowling unit, and health unit. They are currently working on their physical fitness testing (sit-ups, shuttle run, mile run, v-sit & reach, pull-ups). Each student strives to do their best as they perform each physical fitness test. Stay active this summer!

Here is a list of great activities to check out.

- Geocaching <https://www.geocaching.com/play>
This is an app you can download for free. It shows you locations where geocaches are hidden. Using your GPS you are able to find these hidden treasures. Make sure to take small toys to hide if you plan on keeping the cache (hidden treasure).
- Maymont Park - <https://maymont.org/wp-content/uploads/2018/02/2018-Spring-Summer-Calendar-of-Events-Booklet-FINAL-1.pdf>
- Pocahontas State Park - <http://www.dcr.virginia.gov/state-parks/blog/great-kid-friendly-activities-at-pocahontas-state-park-3838>
- X-Zone Sports camps - <https://www.xzoneva.org/copy-of-elevate-summer-sports-camps>
- High Bridge Trail- <https://www.virginia.org/Listings/OutdoorsAndSports/HighBridgeTrailStatePark/>
- Canal Cruise- <https://www.venturerichmond.com/experience/canal/rides.html>
- Riverside Outfitters- guided paddle boarding, rafting, or kayaking trips down the James River (10 years old and up) or summer camps <http://www.riversideoutfitters.net/>

K-5 Field Day 2018



We were meant to thrive, not just survive!

NEW On Field Day, **EACH** K-5 STUDENT needs to bring:

- A bottle of water, labeled with the student's name
- Snack labeled with child's name
- A bagged lunch with a drink (no sodas), if not ordering a bagged lunch

Parents, apply sunscreen and bug spray before your child arrives at school. Only parents may apply sunscreen to a child's skin.

Field Day Attire:

- Must wear tennis shoes
- Wear royal blue or gold T-shirts according to tribal team (more information will be sent home)

- Jeans, modest shorts, capris (island style)

If you would like to volunteer on “Survivor” Field Day, contact Mrs. O’Neal at LONeal@GCAKids.com .

Early Bird Yearbook Cost through June 15

You will not want to overlook the ordering of this year’s yearbook. There are so many good times wrapped up in one hardcover book! See everything from the first day of school through high school graduation! Order forms went home last week; if yours is misplaced, see Ms. Dee..

Elevate: Sign up Now for Summer Sports Camps!

Have you planned your summer yet? Have you registered online for camps? Once again The GCA and X-Zone bring you summer camps under the name of “Elevate”. Again, here are the camps and dates.

June 25-28:

Soccer	R1-R6	9:00-12:00
Volleyball	R5-R8	9:00-12:00
Volleyball	R9-R12	1:00-4:00
Baseball	Ages 8-14	9:00-12:00

July 16-19:

Cheer	R1-R5, R6-R12	9:00-12:00
Basketball	R1-R5	9:00-12:00
Basketball	R6-R12	1:00-4:00

Register online at [www.GCAKids.com/summer camps](http://www.GCAKids.com/summer-camps) or www.XZoneva.org/summer-camps

Plus Music Enrichment Camp for Students Who have Been in Grades K-5

The Music Enrichment camp is *led by our own Mrs. McClure and will be assisted by Ms. Danko*. At the end of the week, campers will put on a *Friday night musical performance* for their parents and interested persons. This year’s musical is “Unselfie - #Selfless in a Selfie World”. This musical emphasizes that in today’s culture where so many are self-absorbed, true happiness comes through being selfless and by sharing the love of Christ.

Flyers with details were sent home; again, take note of the deadlines for auditioning for a speaking part. Tell your friends! The more the merrier!

Mark Your Calendar

See the calendar on the website’s homepage for school events through June. Spring sports schedules can be found on the website under the Athletics tab.