

“Shout Out”

GUARDIAN CHRISTIAN ACADEMY

OCTOBER 5, 2018

The Chili Cook Off is tonight! Yes, it's time to bring that food, the lawn chairs, drinks for your family, and any yard games you wish! See who wins in the Chili Cook Off! Mingle with families of classmates and get to know each other. Build on that sense of community.

“Who is Jesus?”

NEW Pastor Mike came to Elementary Chapel dressed up as Jesus might have looked and introduced our topic, “Who is Jesus?” God came down to earth as Jesus, but Jesus was both fully man and fully God. In Bible times and before Jesus came to earth, when people did something wrong they had to pay a price or consequence to show sorrow for their sin. Jesus lived a perfect life and so he was able to be the perfect sacrifice for all of our sins. We no longer have to sacrifice our best animals or crops as a consequence for our sins. If we have Jesus in our hearts and confess our sins, we receive forgiveness. Jesus is our Savior and already took the penalty for our sins.

Jesus is also the second part of the Trinity, which is 3 in 1 – God the Father, God the Son (Jesus) and God the Holy Spirit. Jesus began his earthly ministry when he was about 30 yrs. old. Peter called Jesus the Christ, the Messiah. Jesus performed many miracles while he was here on earth – healing people, feeding them, rescuing people. Ultimately, Jesus was crucified on the cross because He claimed to be God. He rose again the third day, proving that only the Son of God could do that!

Opening for Part Time Lunchroom Position

NEW Guardian Christian Academy is interviewing for the part-time position of Lunchroom Assistant. This position works daily 9:00~1:30, 12 months of the year. Employment begins as soon as the application process is completed. Responsibilities include lunchroom set up and clean up, and assisting the Food service Manager and Kitchen Clerk as needed. The individual needs to be characterized as diplomatic, prompt, and flexible as well as a Christian role model in attitude and actions. For an application: 1) Go to the school's web site, www.GCAKids.com; see employment at the bottom of the home page, or 2) See Ms. Dee for a paper copy.

October's Community Service: Soles4Souls

Community service promotes an awareness of the world and its needs, fosters empathy, engages students as active citizens from an early age, and helps them understand how they fit into a society where each is a part of a solution. Students learn to see others through the eyes of Jesus and to view people with compassion and insight, caring about both their external and internal needs, understanding the tie between civic responsibility and Christian citizenship. GCA works to foster these attributes in the hearts of the students in a number of ways, one of which are school-wide community service ventures.

GCA's October community service project is to work with “Soles4Souls” 7(www.soles4souls.org) to collect new or gently worn shoes which will then be used in one of two ways: 1) To directly provide shoes for those in need, and 2) To help individuals set up a small business in impoverished areas selling these shoes, thus working to break the cycle of poverty.

GCA students are collecting new and gently used shoes during the month of October. The shoes are to be brought in during the last week of the month. As you, and those you know, sort through what fits, what doesn't fit, what is still good but we can't use it, please set those shoes aside to be brought to GCA the last week of October. Let's see what an impact we can make in our world and with the things we already have. Let's also pray for the individuals who will be wearing those shoes.

Apples, Apples, and Yummy Apples!

NEW Kindergarten celebrated Johnny Appleseed Day through many hands-on activities. We first dove into a book about an apple's life cycle followed by a craft to show the different seasons of an apple tree. Next the students became chefs by peeling and cutting apples for homemade applesauce. Yum! Then we measured and weighed our apples with a balance scale and cubes. We ended our day focused on how Johnny Appleseed spread not only apple seeds but God's Word. What a great example for us to follow. It was a fun filled day and many thanks to our helpers. (Pictures will be put on facebook and the web site.)

Introducing Your Safety Patrol Squad

NEW As you have probably noticed, our new Safety Patrol squad started this week. These students were selected to serve the GCA students and help keep our school safe during arrival and dismissal. With God on our side and this fine group of students serving our school, we are in good hands. Thank you to each one. A picture of our patrols will be posted.

School Spirit Tastes Great!

NEW The first School Spirit Night on your calendar is November 5, an evening at CiCI's on Commonwealth Parkway. HOWEVER, we now have an October School Spirit Night as well! Fliers are going home for an evening at Chipotle's – October 29, 4:00-8:00 pm on Rittenhouse Drive. Chipotle's is very generously donating 33% of the GCA proceeds to the Athletic program! Bring the flier and support your school!

As always during the day of the School Spirit Night, students who wear school shirts may wear jeans or other appropriate non-dress code bottoms.

Observing the Dress Code

It has been noticed that the GCA dress code is not always being followed. Except for non-dress code days, K-8th graders wear a solid polo shirt; pants, shorts, skirts, and jumpers are to be of a *cotton twill* fabric. Sweatpants are not allowed; neither are skirts/shorts of a knit material. If in question, please refer to pages 54-57 of the Parent/Student Handbook. We desire to maintain the uniform look without prescribing that dress items come from a uniform store, thus saving our families money. As is consistent with other private schools, our policy is to call parents for a change of clothes when the student is out of dress code; for your sake and your child's, please proactively insure he/she is appropriately dressed when leaving for school.

K-5 Grandparents' Day 2018 Begins at 9:30 am, November 2

We look forward to honoring and showing respect for our grandparents on this special day. It is a day for Special dress Attire like the first day of school. (See handbook page 54-57 if unsure.) The K-5 Grandparents' Day invitations were sent home at least a week ago. Please return them completed so

we can plan accordingly. If you can help set up the night before – 6:30 pm, November 1 – or help the day of the event, please let Dee know; she will pass the information to Mrs. Adams.

Reminder for After School Care Families

NEW On Friday, October 19, GCA preschool and child care workers will be attending the annual PACED conference. Consequently, on October 19th there will be no preschool classes, child care, or Before and After School Care services. Please be sure you have made alternative arrangements for this date.

Parents of Rising High School Students ... Here's for You

NEW Although this meeting is primarily of interest to middle school parents, information provided is valuable to *all* parents looking towards the future. The administration of GCA is aware that our middle school parents and students are beginning to look ahead towards high school. To keep parents informed and to involve them in the process of continuing to build GCA's high school, a **"Rising High School Meeting"** will be held for all current middle school parents (especially those of 8th graders) on Tuesday, October 23 at 7:00 p.m. Important information will be shared regarding the direction we are going in both the near and long term future, along with specific details regarding:

- high school academics
- graduation requirements
- honors level coursework
- dual enrollment & concurrent credit
- senior thesis program
- specialized study
- the impact of school accreditation
- technology
- student life
- expanding athletics, fine arts, and the like.

In addition, if any parent has a specific question they would like to be sure is covered that evening they can email Mrs. Danko at cdanko@gcakids.com. It will then be either addressed individually, or added to the agenda for the meeting. Parents are also asked to **RSVP** to that same email so we can plan with attendance in mind.

The high school grades are posed to present all students in grades 9 through 12 with an excellent academic, spiritual, and social experience that will prepare them well for college and beyond. We look forward to sharing the details with you on the evening of the 23rd.

Athletics

GCA Girls Middle School Volleyball Team



The Girls Middle School Team has an overall record of 3-6 and a CCAC Conference record of 2-2. Their next game is Monday, Oct. 8th against Grace Christian School in Staunton, Virginia at 5:00pm.



GCA Girls Varsity Volleyball Team

The Girls Varsity Volleyball Team has an overall record of 14-4 and a CCAC Conference record of 9-1. Our next game is Monday, Oct. 8th against Grace Christian School in Staunton, Virginia at 6:00pm.

GCA Boys Varsity Soccer Team

The Boys Varsity Soccer Team has an overall record of 1-5 and a CCAC Conference record of 1-5. The soccer team plays today, Friday Oct. 5th against Grace Christian at 3:30pm at Point of Rocks Park on Enon Church Road in Enon.



GCA Coed Cross-Country Team

The Coed Cross-Country competed in the CCAC Invitational Meet yesterday at Pocahontas State Park with 80 total runners. What a great race! Our runners gave it their all and it showed! We almost beat James River for 2nd place. Thank you to all you parents for your support yesterday, to a great timing crew, and to Mrs. Sears for the use of her pop-up tents, a great addition in the 95 degree heat. Runners, keep up the good work and keep training!

Overview of Physical Education Classes in the Month of September



NEW We have hit the ground running this school year and fitness is our focus. All skills taught will be centered on improving cardiovascular endurance, muscular endurance, muscular strength and flexibility. This year please monitor your child's physical activity making sure he/she receives at least 60 minutes of physical activity a day. Playing tag in the front yard, to evening walks and bike rides is a great way to enjoy time together as well as encouraging them to maintain an active healthy lifestyle. In addition to fitness, good nutrition is important. Please make sure your child is eating a balanced diet. 😊

Kindergarteners are learning how to safely move around the gym and are working on obtaining their mover's license. The mover's license test consists of performing all their locomotor movements correctly while maintaining their personal space in the gym.

1st -2nd grade students are working on performing different locomotor movements at different forces, levels, pathways, and speeds as well as rolling, underhand throwing, and overhand throwing.

3rd -5th have been learning about their personal fitness with our pre physical fitness testing underway. We are starting to analysis our data and create long term and short term goals to improve our fitness level. Students will have exercise homework to complete through-out the week to encourage a healthy active lifestyle as well as improving their fitness levels.

6th – 10th grade have completed their physical fitness tests and are wrapping up their first unit which was volleyball. Skills tests included bumping, setting, and serving.

I also wanted to remind elementary students to wear their tennis shoes and shorts or pants to class so they can fully participate in P.E. 😊 Also, if your student has a health issue or condition, or is physically restricted in any way, please send a doctor's note detailing the issue and the degree to which activity should be limited.



Reminders

- K-5th Grades: Fall Party costumes for October 26 need to be gender-appropriate and kid **FRIENDLY**.
- Southside's Trunk of Treat event is held October 31st from 6:30-8:00.

Mark Your Calendar

See the calendar on the website's homepage for school events through October. Fall sports schedules can be found on the website under the Athletics tab.