



October 2021



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Nuggets Mac-N-Cheese Wedges Apples Push pop
4 Pancakes Hashbrown Bacon Yogurt	5 Fish sticks Potato wedges Peas	6 Beans & Franks Plain potato chips Fruit	7 Ham & cheese Sandwich Goldfish Fruit	8 Pizza Corn Chocolate Delight
11 Toasted Cheese Sandwich Vegetable Soup Crackers Fruit cup	12 Teriyaki Chicken Rice Carrots Fruit	13 Chef Salad Crackers Yogurt	14 Turkey & cheese Sandwich Pretzels Fruit	Early Dismissal 15 Cheesburger Fries Apple slices Ice Crea
18 Chicken Filet Sandwich Tator Tots Jello w/fruit	19 Spaghetti w/meatballs Side salad Oranges	20 Corndog Green beans Peaches	21 Ham & cheese Sandwich Doritos Fruit	22 Nachos with cheese & meat Spanish Rice Corn Frozen lemonade
25 French toast Sticks Sausage links Mixed Fruit	26 Chicken w/gravy Mashed Potatoes Broccoli w/cheese	27 Popcorn Chicken Salad Crackers Fruit	28 Turkey & cheese Sandwich Cheestos Puffs Fruit	29 Hot dog Baked Beans Carrot sticks Ice Cream

Menu Subject to change

Choice of White or Chocolate Milk

Lunch Ticket Required Per Child: 10 Meals inc. milk/\$40.00 ; 10 Milk/Dessert Ticket:\$11.00

Please call GCA prior to 10:00 am if your child will arrive after 9:55 and will need lunch.

804-715-3210